



press release

FOR IMMEDIATE RELEASE

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UCP SEGUIN OF GREATER CHICAGO GEARS UP FOR STEPTEMBER 2016 *Get Moving and Make a Difference*

(Chicago, IL) UCP Seguin of Greater Chicago, ucpseguin.org, is proud to join in STEPTember, a global movement to improve the lives of people living with Cerebral Palsy (CP) and other disabilities. From September 1 through 28, disability advocates across the world will commit to exercising the equivalent of 10,000 steps a day to raise awareness and funds for this important cause. United Cerebral Palsy (UCP) and its affiliates across the country, including UCP Seguin, are dedicated to making this year's challenge the most empowering and successful one yet.

"We are excited to rise to the challenge STEPTember poses and bring this campaign to our community," adds John Voit, UCP Seguin's President/CEO. "With the help of everyone who participates in this challenge, we can create a movement that inspires, transforms and directly benefits the lives of people or individuals living with CP and other disabilities."

Those interested in joining the movement and forming a team of four to participate in STEPTember may register online at STEPTember.us. By empowering themselves through the STEPTember experience, these teams of friends, family members or colleagues will improve their physical well-being and empower people living with disabilities.

Promoting a Life Without Limits, United Cerebral Palsy's STEPTember challenges participants to take 10,000 steps (or the equivalent of any other physical activity) every day from September 1st through 28th to raise funds for those living with Cerebral Palsy and other disabilities. Participants from nine countries around the globe will take part in STEPTember 2016 to raise funds and awareness for people with disabilities.

UCP Seguin of Greater Chicago believes that all people, regardless of ability, deserve to achieve their potential, advance their independence and act as full members of the community. So we stop at nothing to provide life skills training, assistive technology, meaningful employment and a place to call home for people with disabilities, as well as specialized foster care for children. Our goal: life without limits for people with disabilities.

Founded in 1949, United Cerebral Palsy educates, advocates and provides support services to ensure a Life Without Limits for people with Cerebral Palsy and other disabilities. UCP's mission is to advance the independence, productivity and full citizenship of people living with a full spectrum of disabilities.

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